Microsoft Windows 8 built-in email client does not support pop3 email settings, polarcomm email can be setup with IMAP settings.

To use the built-in email client you need to first set it up with a Hotmail/Live.com account, once that is done you can set it up using IMAP

Settings for IMAP

Incoming server – imap.polarcomm.com Outgoing server – smtp.polarcomm.com

Use smtp authentication for outgoing server on portable devices (laptops, phones etc.). SSL may be used for both incoming and outgoing – not required

If you don't want to use the built-in mail client you can download a different email client, examples are Thunderbird, Windows Essentials 2012, etc.